

How To Get The Benefits of Ozone Therapy Without The IV...

Dear friend,

I use dozens of different treatments in my clinic. Treatments like chelation, neurofeedback, nutritional supplements and more. But if I were forced to choose only one treatment for the rest of my life, I know exactly which treatment I would pick.

I wouldn't even hesitate: I would pick Ozone Therapy.

Why? Because Ozone Therapy is so versatile. It does almost everything:

- It boosts your immune system...
- It combats fatigue...
- It helps treat allergies, colds and flu...
- It flushes toxins out of your body...
- It helps regulate blood sugar...
- It relieves muscles aches, pains and pulls...
- It supports healthy eyesight...
- It helps improve your mood
- It helps soothe heartburn...
- It clears your skin...
- It even helps your body absorb vitamins and minerals easier.

In fact, in a pinch, Ozone Therapy can even give you the cardiac benefits of vigorous exercise!

Good News

But here's good news: Now you can get many of the benefits of Ozone Therapy without a needle. How? By using an Ozone Sauna.

You see, when you sit in a sauna, the moist heat opens your pores and allows Ozone to go through the skin into your bloodstream.

Once in your bloodstream, Ozone reacts to form fat soluble peroxides. And these peroxides will find their way into every cell in your body. I said every cell, including your brain. All the while, the Ozone induced peroxides help your body transport oxygen to the cells that need it most.

But that's not all: In addition to getting Ozone into your body, Saunas provide a number of health benefits, in and of themselves.

Now, you probably already know that saunas are good for detoxing. You may already know that they flush lactic acid out of your muscles, which soothes aching muscles and some joints. Or that they flush harmful toxins from your skin, which helps your skin cells look younger. Or even that they coax your metabolism, which can help you burn 400 calories in 30 minutes. (All while sitting still!)

However, you may not know just how powerful a sauna is, when it comes to your health.

Here's an amazing example to give you an idea:

When the World Trade Center buildings collapsed on September 11th, 2001, a bilious cloud of toxins was released. Firemen, police officers and rescue workers were first to the scene... and first to inhale these toxins.

For years, this group of men and women had a variety of health troubles. They suffered from acute respiratory distress, gastrointestinal complaints, pulmonary problems, depression, irritability and other cognitive problems. And for many, their symptoms only got worse over time.

Researchers did a study on 500 of these rescue workers. First, the researchers tested the rescue workers on 10 separate systems — including skin, respiratory, emotional, cognitive and musculoskeletal — and returned scores of “severe distress” in all ten.

Then, the researchers had the workers take saunas. At the end of the study, they re-tested the workers. And the results were miraculous:

In all 10 systems, they showed reduction of symptom severity. But that's not all. They also showed improvement in thyroid function, balance, reaction time and even IQ! And most of all, these workers had improved so much that they no longer took even a single sick day!

So imagine what happens when you combine the detoxification benefits of a sauna with the oxygenating benefits of Ozone!

Yours for better health, Frank Shallenberger, MD